

# Wellspring

CONTEMPORARY WORSHIP

## HABITS

Small disciplines. Big results.

January 29, 2023  
10:05 & 11:10

[SharingTheHeart.org/Wellspring](https://SharingTheHeart.org/Wellspring)

### INFORMATION

- **Information Center** in main foyer
- **Nursery** 1st floor south end of the building
- **Children** 2nd floor south end of building
- **Refreshments** in the Dyer hallways
- **Elevator** south end of the building
- **Youth** across the street at The Hub
- **Restrooms** in main foyer & Children's lobby
- **Shuttle bus** for remote parking

Follow us on social media  
@WellspringFUMC



### Welcome to Wellspring!

Change isn't easy, but it isn't impossible, either. Big changes don't have to be big undertakings. Many times, it's the small commitments that add up to big results. Your future self is a result of the decisions you make each day. Starting a few small habits can change how you see yourself today and transform you into the person you want to be tomorrow.

That's why we're glad you are here for our journey to discover life changing habits! Together we will discover how small disciplines, when done with consistency, lead to big changes. What we focus on, and practice, is what we become. So, we're focusing on the love of Christ and becoming the best of who Jesus calls us to be through small, healthy, and holy habits.

If you are new, please feel free to ask questions, be yourself, get connected, and let us know if there is anything we can do to make your experience most memorable. Again, it is good to be with you in worship. It's going to be a great year!

First United Methodist Church  
315 N. Church St., McKinney, TX 75069 972-562-8556

Sermon: Surroundings & Stumbling Blocks  
Scripture: Proverbs 4:10-19, 1 Corinthians 10:12-13

Sermon Notes

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**NEW Worship Series: Modern Love**

Relationships are complicated, but do they have to be? Can a book as old as the Bible help relationships today? In our new series *Modern Love* we're taking a look at Scripture's timeless and practical wisdom to help us find and preserve loving, God-honoring relationships in our twenty-first century world. Whether you're single, dating, married, or "it's complicated" this series is for you. *Modern Love* begins next **Sunday, February 5<sup>th</sup>**.

**Better Together Marriage Workshop**

The Better Together marriage workshop will help rebuild or increase the friendship, intimacy, and respect in your partnership. It will give you new insights and research-based skills that can dramatically improve the depth of your relationship and the effectiveness of your communication. The workshop is led by Abe and Amy Smith who have been coaching couples for more than two decades.

Learn more and register online at [www.sharingtheheart.org/BetterTogether](http://www.sharingtheheart.org/BetterTogether)



**Serving Opportunity**

Greeters & Ushers

Looking for opportunities to serve this year? Being a greeter and usher is a perfect way to serve! We want to ensure each person is welcomed to Wellspring with a smile and a friendly "hello." Plus, we want to make sure we have the opportunity to receive each person's prayer request and offering. We need your help to make this happen. Please check the box on the back of this bulletin or email Abe for details [asmith@sharingtheheart.org](mailto:asmith@sharingtheheart.org)



Stay up to date with Wellspring events, news, resources, and more. Scan the QR code to the left with your smart phone and click on the link that appears on your phone screen. Provide your name and email and you're all set. You may also visit us online at [www.sharingtheheart.org/wellspring](http://www.sharingtheheart.org/wellspring) to sign up.

"Like" our Facebook page and be sure to check-in online! For every new like and check-in we receive we will supply three meals to hungry kids! That's right, your simple check-in helps spread the word about Wellspring AND feeds kids. This is a simple click of the button that can have a big impact. You can scan the QR code to the right with your smart phone camera to be taken to our Facebook page.



Wellspring Pastor  
Dr. Abe Smith  
[asmith@sharingtheheart.org](mailto:asmith@sharingtheheart.org)

Worship Pastor  
Rev. Kris Melvin  
[kmelvin@sharingtheheart.org](mailto:kmelvin@sharingtheheart.org)

Welcome! Thank you for joining us today!

Please use the tear-off form to let us know you are here or sign in online at [SharingtheHeart.org/Resources](http://SharingtheHeart.org/Resources)



Online resources:

- Attendance
- Giving
- Bulletins
- Prayer Request
- Newsletter sign up
- How to Join



Scan with your phone camera

### What's Happening

#### SCOUTING FOR FOOD & SCOUT SUNDAY

Scouts will be collecting food on 1/29 and 2/5. Nonperishable items that are donated will be used in the Little Free Pantries across town. Please donate!

SCOUT SUNDAY is **February 12**.

All Scouts (Boys, Girls, and Cubs) are invited and encouraged to wear their scouting uniforms on Sunday 2/12 as we recognize the scouting ministry.

#### JOIN THE CHOIR

Rehearsals have resumed on **Wednesday nights at 7pm** in the Sanctuary. New members are most welcome. Email John Bush, director, at [jebconductor@gmail.com](mailto:jebconductor@gmail.com) for info.

#### BRIDGEPORT CAMP

Kids and youth are going to camp. The youth are going June 26th and kids are going July 24th. Visit the *New + Upcoming* page to find out more and register. Early bird rate due by **Jan 31**.

#### HOPE SCHOOL

Are you interested in our preschool? We're ready to register for Fall 2023! Visit the preschool page on the website or email Jane Mills at [jmills@sharingtheheart.org](mailto:jmills@sharingtheheart.org) for more information.

#### BLOOD DRIVE

**TODAY** from 8-12 at the Church Street Auditorium. Walk over after worship! Share the heart and save some lives! We are in need of donations. Please consider being a donor.

#### WOMEN'S WEEKEND

Come join us for Women's Weekend 2023! This is a wonderful chance to connect and enjoy fun, faith, and fellowship. February 24-26 at the Prothro Center at Lake Texoma.

Email Pastor Macie at [mliptoi@sharingtheheart.org](mailto:mliptoi@sharingtheheart.org) or visit the Women's Ministry page for more information.

**GUEST WIFI:** Network: FUMC Guest Password: sharingtheheart

### GENEROSITY

#### DID YOU KNOW?

Sixteen 5th & 6th graders participated in the Wonderfully Made class last weekend. Your generosity helps our children learn how much God loves them.

#### WAYS TO GIVE

[www.sharingtheheart.org/give](http://www.sharingtheheart.org/give)



- Text "sharingtheheart" to 73256
- Secure online portal
- Offering boxes at the doors

**Your Gift Makes a Difference!**

Please Sign In  
We're glad you are here!

W012923

Today's Date: \_\_\_\_\_

ATTENDANCE CARD Please complete, tear off, and place in the box at the exit. Thank you!

Service attended:  8:00  9:00  10:05  11:10  Wellspring  Sanctuary  First Time Guest  Returning Guest  Member

Name \_\_\_\_\_  
 Email \_\_\_\_\_  
 Phone \_\_\_\_\_  
 cell  home

Children Attending (names & ages) \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/St \_\_\_\_\_ Zip \_\_\_\_\_

Preferred Contact:  Email  Phone  Adult age group:  18-24  25-34  35-44  45-54  55-64  65+  
 Welcome to our guests! How did you hear about us? \_\_\_\_\_ Guest/Relative of \_\_\_\_\_ Relationship \_\_\_\_\_ (over)

Your Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Prayers requested for (name) \_\_\_\_\_

This person is:  self  friend  relative  other \_\_\_\_\_

Prayer need (include info as needed) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Pastors only |  Add to published prayer list | Would you like a pastor to contact you?  Yes  No

I would like information about:

Name \_\_\_\_\_

Nursery

Children's Ministry

Youth Ministry

Adult groups

Music Ministry

Becoming a member

Other: \_\_\_\_\_ (over)

Faith, being a Christian

Generosity / Stewardship

Bible Study

Melissa UMC Campus

Help with personal issues

Usher/Greeter

CONNECT CARD

STAY CONNECTED

For the latest news and events, subscribe to the weekly church newsletter, "The Echo," online at [SharingTheHeart.org/Newsletter](http://SharingTheHeart.org/Newsletter)

SOCIAL MEDIA

Engage with us on social media for up to date information and deeper connections.



Facebook.com/FUMCMcKinney  
 Instagram.com/FUMCMcKinney  
 Twitter.com/FUMCMcKinney

**Worship Online**

-LIVESTREAMED SERVICES-  
 -VIDEO DEVOTIONALS-  
 -SERMON LIBRARY-

[www.sharingtheheart.org/media](http://www.sharingtheheart.org/media)

CONTACT INFORMATION

- Senior Pastor**, Dr. Thomas O. Brumett  
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- Wellspring**, Dr. Abe Smith  
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- Children's Director**, Cheridy Dodd  
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- Youth Director**, CJ Rice  
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- Preschool Director**, Jane Mills  
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- Connections**, Rev. Macie Liptoi  
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- Pastoral Care**, Dr. Ed Volfe  
 edvolfe@sharingtheheart.org
- Missions**, Rev. Janet Cavalier  
 jcavalier@sharingtheheart.org
- Wellspring Worship Leader**, Rev. Kris Melvin, kmelvin@sharingtheheart.org
- Spiritual Formation**, Dr. James Woods  
 jwoods@sharingtheheart.org
- Christlike Mindfulness**, Dr. Andrew Clifford  
 aclifford@sharingtheheart.org
- Director of Music & Organist**  
 John Emory Bush, jebconductor@gmail.com
- Melissa UMC**, Rev. Stacey Piyakhun  
 stacey@melissaumc.com

PRAYER REQUESTS Please remember these names in your prayers

- Abigail Wolf
  - Amber Caperton
  - Ashley Mulligan
  - Avery Russell
  - Bill McManus
  - Bob Lindley
  - Brenda Freund
  - Brittany Few
  - Cathy Zaccarello
  - Chuck Bray
  - Cindy Halderman
  - David Piper III
  - Debbie Stone
  - Debbie Thom
  - Don Childs
  - Doug Boos and family
  - Ed Heuer
  - Emily McArdle
  - Gary and Peggy Rima
  - Carol and Gera Crampton
  - Gretchen Vaughn
  - Heather Knowlton
  - Jared Williamson
  - Jason Russell
  - Jerry Gayler
  - John and Linda Gregoire
  - Judy Cox
  - Julie Gladney
  - Justin Boll and family
  - Justin Piper
  - Kaley and Jairo Martinez family
  - Karen Linstrum
  - Katherine Smith
  - Keen Moody
  - Kelly Martinez
  - Kelly Strander
  - Kendra, Daraugh and Ellie Jo O'Haire
  - Kim Harbeck
  - Lili Santee
  - Lisa Rima
  - Maelyn Hager and family
  - Magdalena Lovejoy
  - Maggie Bridge
  - Marilee Crawford and family
  - Marti Kale
  - Michael and Amber
  - Mina Zaheri
  - Naomi Deifell
  - Neal Settle
  - Norman Andersen
  - Paul (Woody) Woods
  - Paula Graham
  - Perry Waller
  - Phil Daggett
  - Ruth Russell
  - Sandie Ross
  - Seth McAdams
  - Shauntina Batiste
  - Susan Cunningham
  - Sydney Lavine
  - Ted Ward
  - The Ringley family
  - Tom Chandler
  - Tyler Piper
  - People affected by Hurricanes
  - Students, Teachers, school staff
  - Ukraine and Russia
  - Rev. David & Cindy Ceballos, Missionaries in Panama
  - Friends in care facilities
  - Everyone affected by the Coronavirus and Variants
  - Families experiencing job loss
  - Church families in transition
  - Those experiencing homelessness
  - Grace Children's Hospital in Haiti
  - Melissa United Methodist Church
  - Caldwell Elementary School
  - Military service members including: Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, Jose Almaguer, Marc Belo, CPL Matthew Broker, CT12 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush, AFC Drew Causey, Chaplain Capt Adam Cavalier, 2nd Lt Vincent Chavez, Capt Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, MSG Brian Franck, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt , Pvt John Wesley Holder Jr., LT Mark Jbeily, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Capt John Martin, Lt Logan McQuerry, Maj. Richard Milam, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT Tyler Renshaw, 2nd Lt Austin Rine, SPC Blake Robertson, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Chap MAJ Tim Shepherd, Jonathan Spiegel, CW2 Ryan Thurgood, Mark Townson, Specialist Zach Vernier, Lt. Jr. Grade Anderson Sumner Camp, SR Caelan Matthews, Specialist AnnMarie Kessler, Preston Walker.
- Please submit updates and new prayer requests to [www.sharingtheheart.org/pray](http://www.sharingtheheart.org/pray)  
 Thank you.