

### RUNNING THE RACE LESSONS FROM THE SUMMER OLYMPICS



August 4, 2024  
10:05 & 11:10

[SharingTheHeart.org/Wellspring](https://SharingTheHeart.org/Wellspring)

#### INFORMATION

- **Information Center** in main foyer
- **Nursery** 1st floor south end of the building
- **Children** 2nd floor south end of building
- **Refreshments** in the Dyer hallways
- **Elevator** south end of the building
- **Youth** across the street at The Hub
- **Restrooms** in main foyer & Children's lobby
- **Shuttle bus** for remote parking

Follow us on social media  
@WellspringFUMC



#### Welcome to Wellspring!

We are thrilled to have you join us as we embark on an exciting journey of faith and inspiration. The summer Olympics are in full force and are the inspiration of our sermon series, "Running the Race: Lessons from the Summer Olympics." It is chance to draw powerful parallels between the dedication and perseverance of Olympic athletes and our spiritual walk with Christ.

Just as the world comes together to celebrate the Summer Olympics, we gather as a community to celebrate the ultimate race — our journey of faith. Each week, we will delve into Scripture and uncover the spiritual disciplines, integrity, and perseverance required to live a life that glorifies God. Let's experience the thrill of faith, the joy of community, and the ultimate victory found in Jesus Christ.

Welcome to Wellspring! Let the games begin!!

First United Methodist Church  
315 N. Church St., McKinney, TX 75069 972-562-8556



Welcome! Thank you for joining us this morning!

Please use the tear-off form to let us know you are here

Online resources are also available at **SharingtheHeart.org/Resources**

- Attendance
- Giving
- Join the Church
- Prayer Request
- Newsletter sign up
- Bulletins



Scan with your phone camera



## What's Happening

### ARE YOU NEW HERE?

Welcome! We want to get to know you! Stop by the welcome desk or fill out the attendance form so that we can reach out and help you get connected.

Are you receiving the newsletters you want? We have our main newsletter, *The Echo*, plus Children's, Youth, and Melissa UMC. We can also mail a print version. Email [caitlin@sharingtheheart.org](mailto:caitlin@sharingtheheart.org) to get signed up.

### BLESSING OF THE BACKPACKS

We will have backpack tags available at the front desk all month long! Put them on your backpack, lunchbox, purse, briefcase, or wherever! Let them be a reminder that God loves you and so does First United Methodist McKinney!

### HOPE SCHOOL

Our amazing, hands-on preschool has spots available for this school year! Are you or a friend looking for a great place for your children? HOPE School is awesome! Places for 3s are open now. Email Ms Jane for info at [jmills@sharingtheheart.org](mailto:jmills@sharingtheheart.org).

### CHOIR IS BACK!

Chancel Choir rehearsals resume this Wednesday **8/7 at 7pm** in the choir loft. New singers are welcome! Children's Choir begins **8/18 at 9am** in the Kids Zone! Join us in making a joyful noise to the Lord!

### VOLUNTEER AT ESL

We're recruiting new volunteers!!! Email Pastor Ed Volfe at [ESL-assist@sharingtheheart.org](mailto:ESL-assist@sharingtheheart.org) to let him know you are interested. Information about ESL can be found on our church web page at [www.sharingtheheart.org/esl](http://www.sharingtheheart.org/esl).

### CALDWELL BACK TO SCHOOL AND MORE!

Thank you for your generosity! You can still donate to help cover the cost of school supply kits that we purchased for each child at [sharingtheheart.org/Caldwell](http://sharingtheheart.org/Caldwell).

We will be at the front doors of the school on the first day (**8/8**) at **7:15am** to greet students and families. You are welcome to join us there to share the Heart of Christ! Email Pam ([pparmley@sharingtheheart.org](mailto:pparmley@sharingtheheart.org)) for info.

GUEST WIFI: Network: FUMC Guest Password: sharingtheheart

## GENEROSITY

### DID YOU KNOW?

Today's Communion Rail offering goes to support the Lydia Patterson Institute, a private, faith-based school in El Paso supported by the United Methodist Church South Central Jurisdiction.



**Ways to Give**  
[www.sharingtheheart.org/give](http://www.sharingtheheart.org/give)  
 Text "sharingtheheart" to 73256  
 Give online through our secure portal  
 Give at the offering boxes at the door  
 Give by credit card in the hallway  
**Your Gift Makes a Difference!**

Please *Sign In*  
We're glad you are here!

W080424

Today's Date \_\_\_\_\_  
 Returning Guest  Member

First Time Guest

Location:  Sanctuary  Wellspring

11:10  10:05  9:00

Service attended:  8:00  9:00  10:05  11:10

Name \_\_\_\_\_  
Email \_\_\_\_\_  
Phone \_\_\_\_\_

cell  home  
 cell  home

Children Attending (names & ages) \_\_\_\_\_  
Address \_\_\_\_\_ City/St \_\_\_\_\_ Zip \_\_\_\_\_  
Adult age group:  18-24  25-34  35-44  45-54  55-64  65+  
Preferred Contact:  Email  Phone  Guest/Relative of \_\_\_\_\_ Relationship \_\_\_\_\_ (over)

ATTENDANCE CARD Please complete, tear off, and place in the box at the exit. Thank you!

Your Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Prayers requested for (name) \_\_\_\_\_

This person is:  self  friend  relative  other \_\_\_\_\_

Prayer need (include info as needed) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Pastors only |  Add to published prayer list | Would you like a pastor to contact you?  Yes  No

I would like information about: Name \_\_\_\_\_

Nursery  Faith, being a Christian

Children's Ministry  Generosity / Stewardship

Youth Ministry  Bible Study

Adult groups  Melissa UMC Campus

Music Ministry  Help with personal issues

Becoming a member  Finding a place to serve

Other \_\_\_\_\_ (over)

Please do not tear here.

**STAY CONNECTED**

For the latest news and events, sign up for the weekly church newsletter, "The Echo," at **SharingTheHeart.org/Newsletter**

**SOCIAL MEDIA**

Engage with us on social media for up to date information and deeper connections.



Facebook.com/FUMCMcKinney  
 Instagram.com/FUMCMcKinney  
 Twitter.com/FUMCMcKinney

**Worship Online**

-LIVESTREAMED SERVICES-  
 -VIDEO DEVOTIONALS-  
 -SERMON LIBRARY-

[www.sharingtheheart.org/media](http://www.sharingtheheart.org/media)

**CONTACT INFORMATION**

- Senior Pastor**, Dr. Thomas O. Brumett  
 tbrumett@sharingtheheart.org
- Wellspring**, Dr. Abe Smith  
 asmith@Sharingtheheart.org
- Children's Director**, Cheridy Dodd  
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- Youth Director**, CJ Rice  
 cjrice@sharingtheheart.org
- Preschool Director**, Jane Mills  
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- Connections**, Rev. Macie Liptoi  
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- Pastoral Care**, Dr. Ed Volfe  
 edvolfe@sharingtheheart.org
- Missions Director**, Dr. Pam Parmley  
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- Spiritual Formation**, Dr. James Woods  
 jwoods@sharingtheheart.org
- Christlike Mindfulness**, Dr. Andrew Clifford  
 aclifford@sharingtheheart.org
- Director of Music & Organist**  
 John Emory Bush, jebconductor@gmail.com
- Melissa UMC**, Rev. Dr. Chad McSwain  
 revchadmcswain@gmail.com

**PRAYER REQUESTS**

Please remember these names in your prayers

- |   |   |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>† Stachia Hicks and family on the death of her husband, Russ Hicks</li> <li>• Alison Sweet</li> <li>• Brenda Farley</li> <li>• Brenda Freund</li> <li>• Caitlin</li> <li>• Carol and Gera Crampton</li> <li>• Cathy Zaccarello</li> <li>• Debbie Stone</li> <li>• Dick Schlough</li> <li>• Don and Linda Crabtree</li> <li>• Ethan Emerson</li> <li>• Gary Metzler</li> <li>• Gwen Porter</li> <li>• Gwendolyn Taylor</li> <li>• Jay Williams</li> <li>• Jeff Griffin</li> <li>• Jerry Ross</li> <li>• John Burkhardt</li> <li>• Judy Cox</li> <li>• Judy Davis</li> <li>• Karen Linstrum</li> <li>• Karla Connally</li> <li>• Katie McLuckie</li> <li>• Lauren Beller</li> <li>• Lauren Brennan</li> <li>• Laurie Anne Harris</li> <li>• Lon Braselton</li> <li>• Lynda Davis</li> <li>• Marti Kale</li> <li>• Michael Wenger</li> <li>• Nancy Erickson</li> <li>• Norman Andersen</li> <li>• Perry Waller</li> <li>• Richie Wolfe</li> </ul> | <ul style="list-style-type: none"> <li>• Shauntina Batiste</li> <li>• Sonny &amp; Betty Hackett</li> <li>• Tamara Mack-Johnston</li> <li>• Thelma Baldwin</li> <li>• Tom and Sherry Kirwin</li> <li>• Vickie Bade</li> <li>• New teen drivers</li> <li>• School starts</li> <li>• First Baptist Dallas</li> <li>• Our country</li> <li>• Our politicians</li> <li>• All children</li> <li>• World peace</li> <li>• Victims of war</li> <li>• Israel and Palestine</li> <li>• Ukraine and Russia</li> <li>• Families affected by shootings in the USA</li> <li>• People struggling to cope day to day</li> <li>• Rev. David &amp; Cindy Ceballos, Missionaries in Panama</li> <li>• Friends in care facilities</li> <li>• Families experiencing job loss</li> <li>• Church families in transition</li> <li>• Those experiencing homelessness</li> <li>• Grace Children's Hospital in Haiti</li> <li>• Melissa United Methodist Church</li> <li>• Caldwell Elementary School</li> <li>• Military service members including: Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, Jose Almaguer, Marc Belo, CPL Matthew Broker, CTI2 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush,</li> </ul> | <ul style="list-style-type: none"> <li>AFC Drew Causey, Chaplain Capt Adam Cavalier, 2nd Lt Vincent Chavez, Capt Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, PFC Mac Foulk, MSG Brian Franck, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt, Pvt John Wesley Holder Jr., Lt Mark Jbeily, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Capt John Martin, Lt Logan McQuerry, Maj. Richard Milam, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT Tyler Renshaw, 2nd Lt Austin Rine, SPC Blake Robertson, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Chap MAJ Tim Shepherd, Jonathan Spiegall, CW2 Ryan Thurgood, Mark Townson, Lt Zach Vernier, SR Caelan Matthews, 2LT AnnMarie Kessler, A1C Preston Walker</li> </ul> |
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Please submit updates and new prayer requests to [www.sharingtheheart.org/pray](http://www.sharingtheheart.org/pray)  
 Thank you.