

INSIDE OUT



MAKE ROOM FOR YOUR EMOTIONS

August 18, 2024
10:05 & 11:10

SharingTheHeart.org/Wellspring

INFORMATION

- **Information Center** in main foyer
- **Nursery** 1st floor south end of the building
- **Children** 2nd floor south end of building
- **Refreshments** in the Dyer hallways
- **Elevator** south end of the building
- **Youth** across the street at The Hub
- **Restrooms** in main foyer & Children's lobby
- **Shuttle bus** for remote parking

Follow us on social media
[@WellspringFUMC](https://www.instagram.com/WellspringFUMC)



Welcome to Wellspring!

We all have emotions—complex, varied, and deeply woven into the fabric of our lives. Our emotions are not just fleeting feelings; they help shape who we are and what we believe. From the highest peaks of joy to the valleys of sadness, our emotions are integral to our human experience. Even Jesus, in His time on Earth, experienced the full spectrum of emotions—sadness, frustration, joy, and more.

In this series, we'll explore the role our emotions play in our spiritual lives. By becoming more aware of and expressing our emotions, we can connect more deeply with God and with each other. Let's journey together as we learn to embrace our emotions, allowing them to guide us toward greater faith, compassion, and understanding.

How ever you may be feeling today, we're so glad you're here! We're a community of imperfect people seeking to know Jesus and make Jesus know in the world. If you are new, please feel free to ask questions, be yourself, get connected, and let us know if there is anything we can do to make your experience most memorable.

First United Methodist Church
315 N. Church St., McKinney, TX 75069 972-562-8556

Welcome! Thank you for joining us this morning!
Please use the tear-off form to let us know you are here

Online resources are also available at
SharingtheHeart.org/Resources

- Attendance
- Giving
- Join the Church
- Prayer Request
- Newsletter sign up
- Bulletins



Scan with your phone camera



What's Happening

ARE YOU NEW HERE?

Welcome! We want to get to know you! Stop by the welcome desk or fill out the attendance form so that we can reach out and help you get connected.

Are you receiving the newsletters you want? We have our main newsletter, *The Echo*, plus Children's, Youth, and Melissa UMC. We can also mail a print version. Email caitlin@sharingtheheart.org to get signed up.

SERVE @ CHURCH

Are you wanting to get involved in service at the church? We have spots for ushers, greeters, youth and children's dinner teams, A/V help, and so much more! Stop by the table in the hallway today or visit the church website sharingtheheart.org/serve

FALL CLASSES

Registration for fall classes and studies is OPEN! Visit the table in the hallway or the Groups + Classes page on the website. There's a spot or two for you!

Want to help lead a class? Email Scottie: stisdell@sharingtheheart.org

NEW CHURCH MERCH!

Check out our *new church t-shirts* at the Coffee Bar by Dyer Hall. Two cute colors so you can share your love of sharing the heart! They are \$15 each (you can pay at the kiosk or with cash). Stop by any time to purchase!

BLOOD DRIVE TODAY

Walk across the street! Save a life! **8 a.m. to 12:30 p.m. TODAY!** Church Street Auditorium across from the main church building. Walk-ins are welcome!

JOIN MUSIC MINISTRY: MAKE A JOYFUL NOISE TO THE LORD!

- CHANCEL CHOIR: Rehearsals Wednesdays at 7pm. Sing at any service!
- CHILDREN'S CHOIR: Starts back TODAY: Sundays at 9am in the Kids Zone.
- YOUTH CHOIR: Starts back TODAY: Sundays at 4pm at The Hub. *We need adult volunteers to help with this group.*
- WELLSPRING WORSHIP BAND: Email Pastor Macie (Wellspring worship leader) mliptoi@sharingtheheart.org for info.
- BELLS: Begins Sept. 8 at 5pm in the bell room. Email lalfers@sharingtheheart.org

www.sharingtheheart.org/music

GUEST WIFI: Network: FUMC Guest Password: sharingtheheart

GENEROSITY

DID YOU KNOW?

Nearly forty 3rd graders will receive new Bibles in worship today. Your generosity helps our children learn about the love of God. Glory be!

Ways to Give

www.sharingtheheart.org/give



- Text "sharingtheheart" to 73256
- Give online through our secure portal
- Give at the offering boxes at the door
- Give by credit card in the hallway

Your Gift Makes a Difference!

Please Sign In

We're glad you are here!

W081824

Today's Date _____

Returning Guest Member

First Time Guest

Location: Sanctuary Wellspring

11:10

10:05

9:00

8:00

Name _____

Email _____

Phone _____ cell home

Name _____

Email _____

Phone _____ cell home

Children Attending (names & ages) _____

Address _____ City/St _____ Zip _____

Update my info Send weekly email newsletter Preferred Contact: Email Phone

Welcome to our guests! How did you hear about us? _____

Adult age group: 18-24 25-34 35-44 45-54 55-64 65+

Relationship of _____ (over)

ATTENDANCE CARD Please complete, tear off, and place in the box at the exit. Thank you!

Your Name _____ Today's Date _____

Prayers requested for (name) _____

This person is: self friend relative other _____

Prayer need (include info as needed) _____

Pastors only | Add to published prayer list | Would you like a pastor to contact you? Yes No

I would like information about: Name _____

Nursery Faith, being a Christian

Children's Ministry Generosity / Stewardship

Youth Ministry Bible Study

Adult groups Melissa UMC Campus

Music Ministry Help with personal issues

Becoming a member Finding a place to serve

Other _____ (over)

Please do not tear here.

STAY CONNECTED

For the latest news and events, sign up for the weekly church newsletter, "The Echo," at **SharingTheHeart.org/Newsletter**

SOCIAL MEDIA

Engage with us on social media for up to date information and deeper connections.



Facebook.com/FUMCMcKinney
 Instagram.com/FUMCMcKinney
 Twitter.com/FUMCMcKinney

Worship Online

-LIVESTREAMED SERVICES-
 -VIDEO DEVOTIONALS-
 -SERMON LIBRARY-

www.sharingtheheart.org/media

CONTACT INFORMATION

- Senior Pastor**, Dr. Thomas O. Brumett
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- Wellspring**, Dr. Abe Smith
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- Children's Director**, Cheridy Dodd
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- Youth Director**, CJ Rice
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- Preschool Director**, Jane Mills
 jmills@sharingtheheart.org
- Connections**, Rev. Macie Liptoi
 mliptoi@sharingtheheart.org
- Pastoral Care**, Dr. Ed Volfe
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- Missions Director**, Dr. Pam Parmley
 pparmley@sharingtheheart.org
- Spiritual Formation**, Dr. James Woods
 jwoods@sharingtheheart.org
- Christlike Mindfulness**, Dr. Andrew Clifford
 aclifford@sharingtheheart.org
- Director of Music & Organist**
 John Emory Bush, jebconductor@gmail.com
- Melissa UMC**, Rev. Dr. Chad McSwain
 revchadmcswain@gmail.com

PRAYER REQUESTS

Please remember these names in your prayers

- † Phil Sims and family on the death of his mother, Betty Sims
- † Ran Samaniego and family on the death of his brother, Roy Samaniego
- Benny Jackson
- Carol and Gera Crampton
- Carolyn Underwood
- Carroll Arceneaux
- Cathy Zaccarello
- Debbie Stone
- Dick Schlough
- Don and Linda Crabtree
- Don Lambert
- Dorothy Whitfield
- Ethan Emerson
- Gwen Porter
- Gwendolyn Taylor
- Jay and Lisa Williams
- Jean King
- Jerry Ross
- John Burkhardt
- Judy Cox
- Judy Davis
- Judy Whatley
- Karen Linstrum
- Karla Connally
- Katie McLuckie
- Lauren Brennan
- Lon Braselton
- Lynda Davis
- Marti Kale
- Mason Alexander
- Michael Kramer
- Michael Wenger
- Norman & Donna Andersen
- Perry Waller
- Randy and Wanda Ford
- Ronnie Settle
- Shauntina Batiste
- The family of Shane
- Thelma Baldwin
- Tom Woodard
- Vickie Bade
- Our country
- All children
- World peace
- Victims of war
- Israel and Palestine
- Ukraine and Russia
- Families affected by shootings in the USA
- People struggling to cope day to day
- Rev. David & Cindy Ceballos, Missionaries in Panama
- Friends in care facilities
- Families experiencing job loss
- Church families in transition
- Those experiencing homelessness
- Grace Children's Hospital in Haiti
- Melissa United Methodist Church
- Caldwell Elementary School
- Military service members including: Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, Jose Almaguer, Marc Belo, CPL Matthew Broker, CT12 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush, AFC Drew Causey, Chaplain Capt Adam Cavalier, 2nd Lt Vincent Chavez, Capt Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, PFC Mac Foulk, MSG Brian Franck, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt, Pvt John Wesley Holder Jr., Lt Mark Jbeilly, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Capt John Martin, Lt Logan McQuerry, Maj. Richard Milam, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT Tyler Renshaw, 2nd Lt Austin Rine, SPC Blake Robertson, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Chap MAJ Tim Shepherd, Jonathan Spiegal, CW2 Ryan Thurgood, Mark Townson, Lt Zach Vernier, SR Caelan Matthews, 2LT AnnMarie Kessler, A1C Preston Walker

Please submit updates and new prayer requests to www.sharingtheheart.org/pray
 Thank you.