

Wellspring

CONTEMPORARY WORSHIP

INSIDE OUT

JOY

PHILIPPIANS 1:3-11



August 9, 2020

Live Streamed
at 11:10 a.m.

SharingTheHeart.org/Wellspring

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@WellspringFUMC

Disney's animated movie, *Inside Out*, enters the mind of eleven-year-old Riley, and personifies her five dominant emotions: Joy, Sadness, Anger, Fear, and Disgust. The five characters in Riley's head, led by Joy, operate a control panel that guides her through life, forming memories, the strongest of which form islands of personality that define Riley. The movie entertains and inspires in thoughtful ways, seeks to engage us all — young and old, children and parents, and everyone else — in a way that will change us.

During the *Inside Out* series, we will use the intrigue of this animated film to explore the emotions of Joy, Sadness, Anger, Disgust and Fear. Emotions are a part of God's design, but too often we allow our emotions to control our lives and lead us away from the good things God desires for us. During this series, we will discover the amazing God-given gift of emotions, and will be inspired and equipped to transform our emotions, our outlook, and even our circumstances by taking control of our thoughts. We will allow the Godly gift of our emotions to lead us from the inside out.

First United Methodist Church

315 N. Church St., McKinney, TX 75069 972-562-8556



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**Join the RACE FOR GRACE team and
bring hope to the children in Haiti!**

JOIN THE 2020 VIRTUAL RACE FOR GRACE TEAM!

Due to restrictions related to the COVID-19 pandemic, Race for Grace (and Hotter 'N Hell) are going virtual.

Instead of participating in a large group race, each person will ride (or run, walk, swim, etc.) on their own or with their family and post pictures online of their "race."

Together, we can raise much needed funds to help Grace Children's Hospital and International Child Care keep the children of Haiti happy and healthy!

Inside Out: Joy

As we finish our series with the emotion of *joy*, I would invite you to read all of Philippians this week. Philippians expresses joy for living in relationship with Jesus. For today, read Philippians 1:1-30

Philippians 1:1-11

- What can you learn about Paul from these verses?
- Why did the Philippians bring Paul joy?
- Who is someone of whom you can say, “I thank my God every time I think of you” (v.3), and why?
- Paul was grateful for their partnership in ministry of the gospel (v. 5). How would you define “the gospel”? Do you believe the gospel changes people? Has the gospel changed your life?
- Paul has specific hopes he is praying for the Philippians (v. 9-11). Why do you think these specific things are important for Paul to be praying for?

Philippians 1:12-30

- Consider a time when you (or a loved one) experienced hardship or suffering. How did you respond to that situation?
- How would you describe Paul’s mood and response to being imprisoned? What enables Paul to see things as he does?
- What all do you think is meant by “to love is Christ and to die is gain” (v. 21)?
- Paul feels confident that God has more work for him to do (vv.23-25), even though he admits that his first desire is to be with God. How can his attitude here serve as a model for you in times of suffering, challenge and waiting?
- What does a life look like that is “worthy of the gospel of Christ” (v. 27)?

Sermon Notes



“Like” our Facebook page and be sure to check-in online! For every new “like” and “check-in” we receive, we will provide three meals to hungry kids!

That’s right, you simple check-in helps spread the word about Wellspring and feeds kids. This is a simple click of the button that can have a big impact. You can scan the QR code with your smart phone camera to be taken to our Facebook page.

KEEP IN TOUCH

For the latest news and events, view or subscribe to the weekly church email newsletter, "The Echo," at SharingtheHeart.org/Newsletter.



Follow First UMC McKinney on Social Media

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TEXT TO GIVE

Text **FIRSTUMC** to **73256** to make your tithes and offerings by text.
Standard text messaging rates may apply

CONTACT INFORMATION

Senior Pastor, Dr. Thomas O. Brumett
tbrumett@sharingtheheart.org

Wellspring Pastor, Dr. Abe Smith
asmith@sharingtheheart.org

Wellspring Worship Leader, Rev. Kris Melvin.
kmelvin@sharingtheheart.org

Connections, Rev. Patty Froehlich
pfroehlich@sharingtheheart.org

Pastoral Care, Dr. Ed Volfe
edvolfe@sharingtheheart.org

Missions, Rev. Janet Cavalier
jcavalier@sharingtheheart.org

Nursery & Preschool Director, Jane Mills
jmills@sharingtheheart.org

Children's Director, Cheridy Dodd
cdodd@sharingtheheart.org

Youth Pastor, Rev. Chris Rickwartz
crickwartz@sharingtheheart.org

Melissa UMC, Rev. Stacey Piyakhun
stacey@melissaumc.com

PRAYER REQUESTS



IN OUR PRAYERS

- † Jenny Boyko and family on the loss of her father
- † Loren Sharkey and family on the loss of her husband Jay Sharkey
- Andrew Louis Schuler
- Areta Pletcher
- Britnee Olivares
- Bruce Cochrane
- Carl and Margaret Edwards
- David Franck
- Debra Duffy
- Gaither Day
- Geoffrey Ammeter
- Grant Pollard
- Henry Wade Miller
- Jan O'Reilly
- Jill Rogers
- Joan Matthews
- Johnny
- John Lyle
- John Nicks
- Jon Day
- Judy Cox
- Karen Mowery
- Lorraine Brown
- MaryAnn and Rod
- Mary Patridge
- Mary Pentecost
- Mary Purtle
- Tina Cristino
- Vi Rentz
- Rev. David and Cindy Ceballos, Missionaries in Panama
- Chad & Nancy Bradley, Missionaries in Ethiopia
- All our members in care facilities
- Everyone affected by the Coronavirus
- Families experiencing job loss
- Those experiencing homelessness
- Grace Children's Hospital in Haiti
- Melissa United Methodist Church
- Caldwell Elementary School
- Military service members including:
Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, 1st Lt Joe Beeby, Marc Belo, CPL Matthew Broker, CTI2 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush, AFC Drew Causey, 2nd Lt Vincent Chavez, LT Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt, CPT Josh Hewett, Pvt John Wesley Holder Jr., LT Mark Jbeily, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Lt Logan McQuerry, Maj. Richard Milam, Chap MAJ Tim Shepherd, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT, SFC Tyler Renshaw, 2nd Lt. Austin Rine, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Jonathan Spiegel, CW2 Ryan Thurgood, Mark Townson, Specialist Zach Vernier, CPL Mike Wilkes, Jose Almaguer, SPC Blake Robertson.