

# Wellspring

CONTEMPORARY WORSHIP

# 2020 REFOCUS



HEART



MIND



HAND



VOICE

August 23, 2020

Live Streamed  
at 11:10 a.m.

[SharingTheHeart.org/Wellspring](https://SharingTheHeart.org/Wellspring)

us



Follow  
on  
social  
media

We started 2020 off with a series called *Life on Purpose*, learning about how to live with real intentionality. At that time, no one could have imagined we would be dealing with a pandemic, which has consumed so much of our thoughts, time, energy and efforts. If you are like many others, your 2020 is not where you thought it would be at this point. That's why we're going to Refocus 2020.

During the *Refocus 2020* series, we will learn how to refocus our heart, head and hands in order to finish out 2020 strong. We will discover practical and tangible ways to center our lives on Christ and live with intentionality no matter what we may be facing in life. You will be inspired to refocus on the things that matter the most and take action to grow in the love of Jesus. This year is not what we expected, but we will be renewed and ready to finish the year strong as we refocus on God!

First United Methodist Church

315 N. Church St., McKinney, TX 75069 972-562-8556



# school supplies

FOR CALDWELL

Backpacks  
&  
Supplies

# You can get a child a backpack!

You can support a Caldwell student with school supplies!

Visit our website for details about the supplies and how to donate!



Join the RACE FOR GRACE team and bring hope to the children in Haiti!

JOIN THE 2020 VIRTUAL RACE FOR GRACE TEAM!

Due to restrictions related to the COVID-19 pandemic, Race for Grace (and Hotter 'N Hell) are going virtual.

Instead of participating in a large group race, each person will ride (or run, walk, swim, etc.) on their own or with their family and post pictures online of their "race."

Together, we can raise much needed funds to help Grace Children's Hospital and International Child Care keep the children of Haiti happy and healthy!

# Refocus 2020: Heart of God

Faith is defined as “confidence or trust in a person or thing,” and it is faith in a person(s) or thing or God that leads to action. For example, you have faith that airplanes are safe so you take a flight to a desired destination. You have faith in your favorite sports team to win so you wear their swag and cheer them on from the sideline.

1. What person or groups or things do you have faith in...in what do you put your confidence and trust?
2. Assuming God, Jesus or the Holy Spirit was one of your answers; why do you place your faith in God?
3. Psalm 24 is attributed to David as a song he wrote to commemorate the Ark of the Covenant being placed in the tabernacle. Read Psalm 24 (and maybe try to put it to a catchy tune you know).
4. This Psalm (song) is about God establishing all creation and being the Almighty Lord. If God is creator and almighty why do Christians (you) sometimes forget or choose not to put all our faith in God?
5. Reread verse 3-4. To be in the presence of God is to have a clean heart and not to place one's trust in idols. In Christ we receive forgiveness and a clean heart. It's up to us to choose not to place our trust in idols. Think back to your answers for question 1, what “idols” might you be putting too much trust in... friends, popularity, success, wealth, self, etc.
6. Consider ways to continue to place God at the center of your life and trust Jesus' guidance in every area of your life.
7. Spend time in prayer.

## Sermon Notes

---

---

---

---

---



**“Like” our Facebook page and be sure to check-in online!** For every new “like” and “check-in” we receive, we will provide three meals to hungry kids!

That's right, you simple check-in helps spread the word about Wellspring and feeds kids. This is a simple click of the button that can have a big impact. You can scan the QR code with your smart phone camera to be taken to our Facebook page.



## KEEP IN TOUCH

For the latest news and events, view or subscribe to the weekly church email newsletter, "The Echo," at [SharingtheHeart.org/Newsletter](http://SharingtheHeart.org/Newsletter).



Follow First UMC McKinney on Social Media

Facebook.com/FUMCMcKinney  
Instagram.com/FUMCMcKinney  
Twitter.com/FUMCMcKinney



## TEXT TO GIVE

Text **FIRSTUMC** to **73256** to make your tithes and offerings by text.  
*Standard text messaging rates may apply*

## CONTACT INFORMATION

**Senior Pastor**, Dr. Thomas O. Brumett  
[tbrumett@sharingtheheart.org](mailto:tbrumett@sharingtheheart.org)

**Wellspring Pastor**, Dr. Abe Smith  
[asmith@sharingtheheart.org](mailto:asmith@sharingtheheart.org)

**Wellspring Worship Leader**, Rev. Kris Melvin.  
[kmelvin@sharingtheheart.org](mailto:kmelvin@sharingtheheart.org)

**Connections**, Rev. Patty Froehlich  
[pfroehlich@sharingtheheart.org](mailto:pfroehlich@sharingtheheart.org)

**Pastoral Care**, Dr. Ed Volfe  
[edvolfe@sharingtheheart.org](mailto:edvolfe@sharingtheheart.org)

**Missions**, Rev. Janet Cavalier  
[jcavalier@sharingtheheart.org](mailto:jcavalier@sharingtheheart.org)

**Nursery & Preschool Director**, Jane Mills  
[jmills@sharingtheheart.org](mailto:jmills@sharingtheheart.org)

**Children's Director**, Cheridy Dodd  
[cdodd@sharingtheheart.org](mailto:cdodd@sharingtheheart.org)

**Youth Pastor**, Rev. Chris Rickwartz  
[crickwartz@sharingtheheart.org](mailto:crickwartz@sharingtheheart.org)

**Melissa UMC**, Rev. Stacey Piyakhun  
[stacey@melissaumc.com](mailto:stacey@melissaumc.com)

## PRAYER REQUESTS



## IN OUR PRAYERS

- † Allison Little and family on the loss of her grandmother Mary Pentecost
- † Family of John Erickson
- † Cindy Prudich and family on the loss of her father Curt Myers
- Andrew Louis Schuler
- Areta Pletcher
- Britnee Olivares
- Bruce Cochrane
- Carl and Margaret Edwards
- Craig Edwards
- David Franck
- Debra Duffy
- Doug Wilson
- Fatima Rodriguez
- Gaither Day
- Geoffrey Ammeter
- Grant Pollard
- Henry Wade Miller
- Jan O'Reilly
- Jill Rogers
- Johnny
- John Lyle
- John Nicks
- Jon Day
- Judy Cox
- Karen Mowery
- Lorraine Brown
- Marcos de Souza Lima
- Maria de Nazare
- MaryAnn and Rod
- Mary Patridge
- Mary Purtle
- Michelle Rios
- Rob R
- Rosie Manus
- Stachia Hicks
- Tina Cristino
- Vi Rentz
- Wyatt Skaines
- Rev. David and Cindy Ceballos, Missionaries in Panama
- Chad & Nancy Bradley, Missionaries in Ethiopia
- All our members in care facilities
- Everyone affected by the Coronavirus
- Families experiencing job loss
- Those experiencing homelessness
- Grace Children's Hospital in Haiti
- Melissa United Methodist Church
- Caldwell Elementary School
- Military service members including:  
Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, 1st Lt Joe Beeby, Marc Belo, CPL Matthew Broker, CT12 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush, AFC Drew Causey, 2nd Lt Vincent Chavez, Capt Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt, CPT Josh Hewett, Pvt John Wesley Holder Jr., LT Mark Jbeily, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Lt Logan McQuerry, Maj. Richard Milam, Chap MAJ Tim Shepherd, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT, SFC Tyler Renshaw, 2nd Lt. Austin Rine, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Jonathan Spiegel, CW2 Ryan Thurgood, Mark Townson, Specialist Zach Vernier, CPL Mike Wilkes, Jose Almaguer, SPC Blake Robertson.