

# Wellspring

CONTEMPORARY WORSHIP

# 2020 REFOCUS



MIND

## MIND

PSALM 27:1-6

August 30, 2020

Live Streamed  
at 11:10 a.m.

[SharingTheHeart.org/Wellspring](https://SharingTheHeart.org/Wellspring)

Follow us on social media



@WellspringFUMC

We started 2020 off with a series called *Life on Purpose*, learning about how to live with real intentionality. At that time, no one could have imagined we would be dealing with a pandemic, which has consumed so much of our thoughts, time, energy and efforts. If you are like many others, your 2020 is not where you thought it would be at this point. That's why we're going to Refocus 2020.

During the *Refocus 2020* series, we will learn how to refocus our heart, head and hands in order to finish out 2020 strong. We will discover practical and tangible ways to center our lives on Christ and live with intentionality no matter what we may be facing in life. You will be inspired to refocus on the things that matter the most and take action to grow in the love of Jesus. This year is not what we expected, but we will be renewed and ready to finish the year strong as we refocus on God!

First United Methodist Church

315 N. Church St., McKinney, TX 75069 972-562-8556

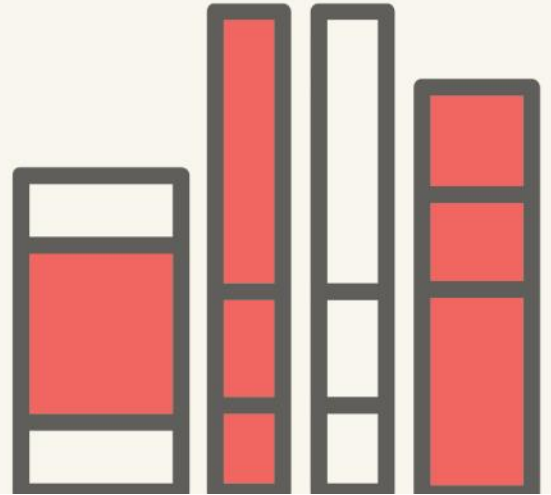
# Faith In Action

## VITAL CONVERSATIONS SMALL GROUP

Tuesday, September 8th at 10:00am or 7:00pm via Zoom

Watch a Vital Conversations video series produced by the United Methodist Church General Commission on Religion & Race and engage in a small group discussion after.

Vital Conversations takes place monthly online via Zoom on the 2nd Tuesday of the month at 10:00am and 7:00pm; choose the time that works for you. All are welcome! To sign up, email: [FaithInActionMckinney@gmail.com](mailto:FaithInActionMckinney@gmail.com)



*Fall Classes are Here!*

WE CAN'T BE-LEAF IT'S TIME TO REGISTER ALREADY!

You can register for fall classes by going on our website at [www.sharingtheheart.org](http://www.sharingtheheart.org) and click the link for **Fall Classes**.

Some are online and some are meeting in person.

Check out our **online groups** as well!

# Refocus 2020: I Am My Thoughts

1. What do you think about? If you could capture and categorize your thoughts into five main categories, what would be the categories?
2. There's a saying, "Watch your thoughts, they become your words. Watch your words, they become your actions. Watch your actions, they become your habits. Watch your habits, they become your destiny." Do you think this statement is true, why or why not?
3. Read Psalm 27:1-6.
4. In the first verse why is the author not afraid or frightened?
5. In verse four what is the one thing the author is asking for and seeking after?
6. The author is focused on seeking God, being in God's presence.
7. What obstacles get in the way of you focusing more on Jesus?
8. What could you do to remove these obstacles?
9. Consider one simple habit you could begin in your life to ensure Jesus is one of the five main categories of your thoughts, and hopefully the largest category.
10. Spend time in prayer.

## Sermon Notes

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**“Like” our Facebook page and be sure to check-in online!** For every new “like” and “check-in” we receive, we will provide three meals to hungry kids!

That's right, you simple check-in helps spread the word about Wellspring and feeds kids. This is a simple click of the button that can have a big impact. You can scan the QR code with your smart phone camera to be taken to our Facebook page.



## KEEP IN TOUCH

For the latest news and events, view or subscribe to the weekly church email newsletter, "The Echo," at [SharingtheHeart.org/Newsletter](http://SharingtheHeart.org/Newsletter).



Follow First UMC McKinney on Social Media

Facebook.com/FUMCMcKinney  
Instagram.com/FUMCMcKinney  
Twitter.com/FUMCMcKinney



## TEXT TO GIVE

Text **FIRSTUMC** to **73256** to make your tithes and offerings by text.  
*Standard text messaging rates may apply*

## CONTACT INFORMATION

**Senior Pastor**, Dr. Thomas O. Brumett  
[tbrumett@sharingtheheart.org](mailto:tbrumett@sharingtheheart.org)

**Wellspring Pastor**, Dr. Abe Smith  
[asmith@sharingtheheart.org](mailto:asmith@sharingtheheart.org)

**Wellspring Worship Leader**, Rev. Kris Melvin.  
[kmelvin@sharingtheheart.org](mailto:kmelvin@sharingtheheart.org)

**Connections**, Rev. Patty Froehlich  
[pfroehlich@sharingtheheart.org](mailto:pfroehlich@sharingtheheart.org)

**Pastoral Care**, Dr. Ed Volfe  
[edvolfe@sharingtheheart.org](mailto:edvolfe@sharingtheheart.org)

**Missions**, Rev. Janet Cavalier  
[jcavalier@sharingtheheart.org](mailto:jcavalier@sharingtheheart.org)

**Nursery & Preschool Director**, Jane Mills  
[jmills@sharingtheheart.org](mailto:jmills@sharingtheheart.org)

**Children's Director**, Cheridy Dodd  
[cdodd@sharingtheheart.org](mailto:cdodd@sharingtheheart.org)

**Youth Pastor**, Rev. Chris Rickwartz  
[crickwartz@sharingtheheart.org](mailto:crickwartz@sharingtheheart.org)

**Melissa UMC**, Rev. Stacey Piyakhun  
[stacey@melissaumc.com](mailto:stacey@melissaumc.com)

## PRAYER REQUESTS



## IN OUR PRAYERS

- Alicia Bankert
- Andrew Louis Schuler
- Areta Pletcher
- Britnee Olivares
- Bruce Cochran
- Carl and Margaret Edwards
- Craig Edwards
- David Franck
- Debra Duffy
- Doug Wilson
- Fatima Rodriguez
- Gaither Day
- Geoffrey Ammeter
- Grant Pollard
- Henry Wade Miller
- Jan O'Reilly
- Jarrod Jeffcoat
- Jill Rogers
- Johnny
- John Lyle
- John Nicks
- Jon Day
- Judy Cox
- Karen Mowery
- Lorraine Brown
- Marcos de Souza Lima
- Maria de Nazare
- MaryAnn and Rod
- Mary Patridge
- Mary Purtle
- Michelle Rios
- Rob R
- Rosie Manus
- Stachia Hicks
- Tina Cristino
- Vi Rentz
- Wyatt Skaines
- Rev. David and Cindy Ceballos, Missionaries in Panama
- Chad & Nancy Bradley, Missionaries in Ethiopia
- All our members in care facilities
- Everyone affected by the Coronavirus
- Families experiencing job loss
- Those experiencing homelessness
- Grace Children's Hospital in Haiti
- Melissa United Methodist Church
- Caldwell Elementary School
- Military service members including:  
Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, 1st Lt Joe Beeby, Marc Belo, CPL Matthew Broker, CTI2 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush, AFC Drew Causey, 2nd Lt Vincent Chavez, Capt Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt, CPT Josh Hewett, Pvt John Wesley Holder Jr., LT Mark Jbeily, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Lt Logan McQuerry, Maj. Richard Milam, Chap MAJ Tim Shepherd, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT, SFC Tyler Renshaw, 2nd Lt. Austin Rine, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Jonathan Spiegel, CW2 Ryan Thurgood, Mark Townson, Specialist Zach Vernier, CPL Mike Wilkes, Jose Almaguer, SPC Blake Robertson.