

LIFE ON PURPOSE
Pursue Your Purpose

What are you pursuing? If someone was to take the last three weeks of your life and audit the hours you were awake, what would you have spent the most time on? What would come in second and third regarding how much time you spent on it? How we spend our time identifies our pursuits. What are you pursuing?

The apostle Paul, after he had a life-changing encounter with Jesus, had one pursuit:

¹² It's not that I have already reached this goal or have already been perfected, but I pursue it, so that I may grab hold of it because Christ grabbed hold of me for just this purpose.¹³ Brothers and sisters, I myself don't think I've reached it, but I do this one thing: I forget about the things behind me and reach out for the things ahead of me. ¹⁴ The goal I pursue is the prize of God's upward call in Christ Jesus. ~Philippians 3:12-14~

Paul was focused on growing forward in Jesus Christ. He was pursuing God's upward call on his life. Paul was living *life on purpose*.

These tools will be helpful as you continue to pursue your God-given purpose:

- Needle Mover
- WAG

NEEDLE MOVERS

Sharing your wins gives clarity to what is working and helps others live life on purpose. With this tool, it's time to share with someone or a group of people the things in your life that have had the biggest positive impact in the past 90 days.

NAME _____

DATE _____

What was your biggest needle mover in the last 90 days?

What are 3 positive impacts it has made?

How can you add fuel to it to make it even better?

What's the number #1 thing it could do for you and God-given purpose in the next 12 months?

What are three steps you can share with someone or a group of people so they can model it?

WAG Daily

A dog wagging its tail serves the same communication as a human smile, a nod of recognition, a sign of enthusiasm and joy. The daily WAG sheet is an opportunity for you to start and end the day with joy through celebration, appreciation, and intention.

1. Start the morning by writing down three **w**ins you will accomplish, two people you will **a**ppreciate, and one “**G**od-moment.” A God-moment may be an act of generosity, an offering of grace, or anything that is Christ centered and God inspired. Write down a few thoughts, feeling, ideas you are experiencing.
2. End the day by writing down three actual wins, two things you’re grateful for, and thanks for the thoughtfulness of others. Write down a few thoughts, feeling, ideas you are experiencing.

DATE _____

Three wins I will accomplish today...

Two people I will appreciate today...

One way I will show generosity today...

Thoughts, feelings, ideas...
