

PERSONAL PURPOSE STATEMENT

Use the following questions to help focus your passions and motivations and then write your personal purpose statement.

1. If I could accomplish one thing in my life, what would it be?
2. What are my deepest values? What matters most to me?
3. If I could get a message across to a group of people, who would be those people be? What would be my message?
4. What I am doing when I feel most alive, being completely authentic?
5. What do I need most in my life right now?
6. Who or what inspires me most? What about them inspires me?
7. What specific activities have I done in a past or current job that I really enjoy of find engaging?
8. Assuming all my needs are met, how would I choose to fill my time?
9. What inspires me about the future?

Take your answers to the above questions and write one or two sentences that states who you are and what you aim to achieve. My purpose statement...

Some examples:

- A mother raising kids who are happy, humble, and Christ-centered.
- Fighting to preserve the union and free slaves. (Abraham Lincoln)
- A teacher who brings out the best in students and helps them live for things greater than themselves.
- Living as if I were to die tomorrow and learning as if I were to live forever. (Mahatma Gandhi)
- A follower of Jesus, creative thinker and motivated to help the hungry.
- I want to be the living expression of God's kindness. (Mother Teresa)

MOUNTAINTOP MOMENT

Imagine you are on top of a mountain and on the hillside just below you are the people dearest to you. Below them are others you know and below them are general acquaintances and random people who have come across your path during your life. All these people have come to this mountain to hear the one message you are about to share with them. You have 15 minutes to let them know the one thing you believe will be the most meaningful and impact for their life. **What do you share with them?**

MY EULOGY

King David of ancient Israel, wrote, "Show me, Lord, my life's end and the number of my days; let me know how fleeting my life is" (Psalm 39:4). Our time is limited so it's important to live a focused life. A life that matters, a life of significance. Use the following questions to help write your eulogy. Read over your eulogy on a regular basis and consider what actions you need to take to be the person described in your eulogy.

1. How old do you hope to be when you die?
2. How many more years do you have left if you live as you hope to?
3. What individuals in your life do you want to show a lifetime of love and devotion to?
4. Is there a big vision you want to accomplish before you die? If so, what is it?
5. What are your top three core values? Why is each value important to you?
6. What do you want people to feel on the day they find out you have died? Write some brief quotes about what you want people to say.

Using the answers to the above questions write your eulogy.