

# AWAKE, my SOUL LENT 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

## March

**Worship** 9  
Invite a neighbor or friend to church  
  
First Kids  
Pizza with Pastors



**Serve** 16  
Support our youth mission week by purchasing items for Mission Regan





**Pray** 23  
Pray for peace in our world— pray for victims of violence and war in the world  
Bible Blasters/  
M & M kids

**Learn** 30  
Learn about UMCOR at:  
[umcmision.org/umcor/](http://umcmision.org/umcor/)

Family Journey through Lent—use the weekly guide and answer the questions on Wednesday as a family


**HOLY BIBLE** 10  
Read  
Psalm 57:7-11



**HOLY BIBLE** 17  
Read  
Mark 10:45




**HOLY BIBLE** 24  
Read  
Thessalonians 5:16-18



**HOLY BIBLE** 31  
Read  
Proverbs 1:5



**Fat Tuesday Pancake Supper** 4  
@ Hub 6:00-7:30



**Watch Devotion Video— you can find videos on Facebook or website** 11

**Watch Devotion Video—** 18



**Watch Devotion Video—** 25



**April** 1  
**Watch Devotion Video—**



**Ash Wednesday** 5  
Start Lent coloring page and calendar



12  
What does it mean to “wake up” & worship

19  
Why do you think Jesus made serving others such a big part of his life?

26  
What do you think it means to pray without ceasing

2  
What’s 1 thing you have learned about God or the Bible?

**Pastor Post** 6  
Read the Echo— Who wrote this week’s Pastor Post?

**Pastor Post** 13  
Pray for our Pastors by name?



**Pastor Post** 20  
Pray for our youth as they finish Mission Week.

**Pastor Post** 27  
Make a card for one of our Pastors or staff members

**Pastor Post** 3  
Pray for teachers and our CALDWELL teachers and staff

7  
Say this family blessing “May our hearts stay awake to God’s love our hands be ready to serve, and our lives shine with Christ’s light”

14  
Create a family worship playlist and have a dance party

21  
Sign up to serve in as an acolyte or for adults serve in Children’s Ministries (coffee bar, dinner team, teacher, vbs)

28  
Prayer Globe Visit website for handout to draw your vision of God’s dream for the world

4  
Say this as a family “Awake, my soul, to God’s love and grace— go forth to worship, serve, pray, learn, love, and celebrate each day. Amen.”

8  
**Take a walk in your neighborhood and pray for neighbors**

15  
**Make an origami lily and bring to church**  
Watch Mar 9 Wellspring for more information



22  
**Take a family walk and pick up trash**

29  
**Use the Nature Prayer Walk handout on website and take a family walk**

5  
**Make a card to thank a teacher at CALDWELL— bring it to church**

# AWAKE, my SOUL LENT 2025

Make an origami lily and bring to church

Sunday

Monday







Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Love</b> 6</p> <p>Create a prayer jar for Grace Children's Hospital</p> <p>First Kids Science Fun</p>	<p>7</p>  <p>Read 1 John 4:7-8</p>	<p>8</p> <p><b>Watch Devotion Video-</b></p> 	<p>9</p> <p>How can we show love to people who are different from us?</p>	<p><b>Pastor Post</b> 10</p> <p>Share the Pastor Post with a friend or on social media</p>	<p>11</p> <p>Purchase items for Lunch Bunch- fresh stack crackers, fruit pouches-bring to church</p> 	<p>12</p> <p><b>Wear your Race for Grace shirt and ride your bike- get ready for our bike ride</b></p> 
<p><b>Palm Sunday</b> 13</p> <p>Wave palms at any service and join us for <b>Easter Eggstravaganza</b></p>	<p>14</p>  <p>Read Matthew 21:8-9</p>	<p>15</p> <p><b>Watch Devotion Video-</b></p> 	<p>16</p> <p>What does it mean to welcome Jesus into our hearts &amp; homes?</p>	<p><b>Maundy Thursday</b> 17</p> <p>6:30 Sanctuary 7:00 Wellspring</p>	<p><b>Good Friday</b> 18</p> <p>12:00 pm 6:30 pm Sanctuary</p>	<p><b>When you AWAKE give thanks to God before you get out of bed</b></p>



**Easter Sunday- April 20**  
**Sunrise Service | 7 a.m.**  
 The Hub Pavilion  
**Traditional Service | 8, 9, 10:05, 11:10 a.m.**  
 The Sanctuary  
**Wellspring Contemporary | 10:05, 11:10 a.m.**  
 Dyer Hall

**7 My heart is steadfast, O God; my heart is steadfast. I will sing and make melody.**  
**8 Awake, my soul! Awake, O harp and lyre! I will awake the dawn.**  
**9 I will give thanks to you, O Lord, among the peoples; I will sing praises to you among the nations.**  
**10 For your steadfast love is as high as the heavens; your faithfulness extends to the clouds.**  
**11 Be exalted, O God, above the heavens. Let your glory be over all the earth**  
**Psalm 57:7-11**



## Easter Eggstravaganza

**EGG HUNT**  
 April 13th  
 Heard-Craig Carriage Garden  
 11:30-1:30  
 Picnic lunch, egg hunts, face painting, bake walk, preschool patch

Visit [sharingtheheart.org/lent](http://sharingtheheart.org/lent) for more information, video devotionals and opportunities during the Lenten season.